




BISHOPSGATE  
INSTITUTE

# Learn Something New



Courses January ► April 2020

A photograph of a man with dark curly hair and a beard, wearing a black t-shirt, in a dance studio. He is looking over his right shoulder towards the camera. In the background, a bald man in a black long-sleeved shirt is leaning on a wooden barre, and other people are visible in the distance. The text "What have you always wanted to learn?" is overlaid in white.

**What have  
you always  
wanted to  
learn?**

For 125 years we have been a cultural hub for the people of London to come together and learn in extraordinary spaces. An oasis in the middle of the city, Bishopsgate Institute offers visitors the chance to research and explore our incredible historic collections and archives.

Our motto is “I grow old, but not lazy”, and our courses - part of a full programme for adults that includes events, workshops, talks and cultural happenings - remain inspired by that guiding principle to this day.

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# Wellbeing & Fitness

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Part 1 **54**

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**Bishopsgate Choir 55**





# Words & Ideas

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# Only free at lunchtime?

Find a course by time  
and day of the week...

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For more help finding the course for you, get in touch.



## Weekday evenings

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### Archives

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<b>London Collections</b> (Thu)	32
<b>LGBTQ+ Collections</b> (Thu)	33

### London

<b>A Social History of Victorian London (1830s - 1890s)</b> (Thu)	38
<b>London Riots, Rebellions and Protests</b> (Thu)	38
<b>An Introduction to Charles Booth's London</b> (Mon)	40
<b>A Social History of Twentieth Century London (1830s - 1890s)</b> (Thu)	41

### Performing Arts

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<b>An Introduction to Ballet</b> (Mon)	53
<b>How To Read Music</b> (Tue)	54
<b>Singing Solo - Discover Your Voice</b> (Thu)	54
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### Words & Ideas

<b>Writing Short Stories</b> (Tue)	58
<b>Writing Short Stories - The Next Step</b> (Tue)	58
<b>Writing Creative Non-Fiction</b> (Tue)	59
<b>Creative Writing</b> (Mon)	59
<b>Life Writing</b> (Tue)	59
<b>A History of the English Language</b> (Tue)	60
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### Arts & Culture

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<b>Art 'Isms' Explained</b> (Mon)	67
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# Only free at weekends?

## Weekends

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### Languages

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Walking Tours - The History  
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Walking Tours - Public Art in  
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A Short History of Housing  
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Colonial London - Migration,  
Trade and Power (Sat) 39

Living Together - Squatting  
and Communes (Sat) 39

London's Punk History -  
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Dance in a Day - Slow Foxtrot (Sat) 51

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## Words & Ideas

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An Introduction to Podcasting (Sat) 62

Public Speaking (Sat) 62

## Arts & Culture

Photography Workshop -  
Take Great Photos in a Day (Sat) 65

Film Studies - Ealing Studios (Sat) 66

A Short History of The Home Front  
(1939 - 1945) (Sun) 68

A Short History of Sundays  
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The Art of Protest (Sat) 69

A Short History of Feminism  
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A Short History of Poverty  
(1830s - 1940s) (Sat) 70

A Short History of Environmentalism  
(1858 - 1990s) (Sat) 70

# Wellbeing & Fitness



**If you're looking to take better care of your mind as well as your body, our Wellbeing & Fitness courses are for you. Whether you're an early riser, a night owl, or squeezing some 'me time' into the middle of your day, you'll find a time that suits you and your schedule.**

## **What to wear**

### *Meditation and Mindfulness*

Anything you like.

### *Yoga*

Loose comfortable clothing (t-shirt, tracksuit bottoms or leggings). No footwear required.

### *Pilates*

Comfortable clothing (t-shirt, leggings or shorts), and socks on your feet.

### *SwingTrain*

Gym clothes and trainers.

## **Any injuries?**

For some of our courses, you will need to declare if you're suffering from an injury or condition before completing the booking process. Unfortunately, our Yoga and Pilates courses are not suitable for pregnant women.

Asya Geffer



# Meditation and Mindfulness

Meditation, the practice of being present in the moment, can bring us clarity, calm and insight. Mindfulness is applicable to every aspect of our lives: the way we work, our relationships and our mental, emotional and physical health and wellbeing. Our courses teach contemporary mindfulness and meditation, which are rooted in ancient tradition. Learn effective practices to navigate the stresses of modern city life and develop a calm, kind and attentive state of mind.

## Level 1

This course introduces meditation to newcomers. You will learn traditional meditations for relaxation, clarity of mind and the cultivation of positive emotion towards oneself and others.

### THURSDAY MORNINGS 6 SESSIONS

with **Andrew Burton**

**08:00 - 08:50 18 students maximum**

**£65 / £49 concessions for all sessions**

16 January - 20 February 2020

**BE20203**

27 February - 2 April 2020

**BE20204**

### THURSDAY LUNCHTIMES 5 SESSIONS

with **Catherine Powell**

**12:05 - 12:55 18 students maximum**

**£54 / £41 concessions for all sessions**

16 January - 13 February 2020

**BE20213**

### THURSDAY LUNCHTIMES 6 SESSIONS

with **Catherine Powell**

**12:05 - 12:55 18 students maximum**

**£65 / £49 concessions for all sessions**

27 February - 2 April 2020

**BE20214**

## Level 2

This course is for those who have already completed a Level 1 course or are familiar with the Mindfulness of Breathing and Loving Kindness meditations. You will go deeper in practice with less instruction and more space.

### TUESDAY MORNINGS 6 SESSIONS

with **Andrew Burton**

**08:00 - 08:50 18 students maximum**

**£65 / £49 concessions for all sessions**

14 January - 18 February 2020

**BE20205**

25 February - 31 March 2020

**BE20206**

### THURSDAY LUNCHTIMES 5 SESSIONS

with **Catherine Powell**

**13:05 - 13:55 18 students maximum**

**£54 / £41 concessions for all sessions**

16 January - 13 February 2020

**BE20215**

### THURSDAY LUNCHTIMES 6 SESSIONS

with **Catherine Powell**

**13:05 - 13:55 18 students maximum**

**£65 / £49 concessions for all sessions**

27 February - 2 April 2020

**BE20216**

**Learn more and book →**

# Iyengar Yoga

The Iyengar system of yoga emphasises precise and careful body alignment, muscular balance and maximum spinal extension. It helps release tension, improve posture and gradually retrains the body to become stronger, more supple and healthy.

## Level 1: Beginners

This course is designed for beginners and those relatively new to Iyengar Yoga as an introduction to the basics of yoga posture work, breathing and relaxation techniques.

### TUESDAY LUNCHTIMES 12 SESSIONS

with **Frances Newberry**

**12:05 - 12:55 16 students maximum**

**£120 / £90 concessions for all sessions**

**Drop in price £12**

14 January - 31 March 2020

**BE20217**

### TUESDAY EVENINGS 12 SESSIONS

with **Frances Newberry**

**19:15 - 20:30 16 students maximum**

**£129 / £96 concessions for all sessions**

**Drop in price £12**

14 January - 31 March 2020

**BE20218**

### WEDNESDAY EVENINGS 12 SESSIONS

with **Frances Newberry**

**18:00 - 19:15 16 students maximum**

**£129 / £96 concessions for all sessions**

**Drop in price £12**

15 January - 1 April 2020

**BE20221**

## Level 2

This course is for those who have completed two to three terms at Bishopsgate Institute, or who have substantial previous experience, and wish to deepen their understanding of the practices. For Level 2 and beyond you should be steady in standing poses and familiar with inversions.

### TUESDAY LUNCHTIMES 12 SESSIONS

with **Frances Newberry**

**13:05 - 13:55 16 students maximum**

**£120 / £90 concessions for all sessions**

**Drop in price £12**

14 January - 31 March 2020

**BE20220**

### TUESDAY EVENINGS 12 SESSIONS

with **Frances Newberry**

**18:00 - 19:15 16 students maximum**

**£129 / £96 concessions for all sessions**

**Drop in price £12**

14 January - 31 March 2020

**BE20219**

### WEDNESDAY LUNCHTIMES 12 SESSIONS

with **Frances Newberry**

**12:05 - 12:55 16 students maximum**

**£120 / £90 concessions for all sessions**

**Drop in price £12**

15 January - 1 April 2020

**BE20222**

**Learn more and book →**

## Workshops

These workshops give the opportunity for those with substantial previous experience to have time to explore and develop their practice in a more detailed and focussed session. You should be steady in standing poses and familiar with inversions.

### SATURDAY

### 1 SESSION

with **Frances Newberry**

**11:00 - 13:00 12 students maximum**

**£18 / £14 concessions for 1 session**

1 February 2020

**BE20201**

### SATURDAY

### 1 SESSION

with **Frances Newberry**

**11:00 - 13:00 12 students maximum**

**£18 / £14 concessions for 1 session**

14 March 2020

**BE20202**



Daniel Penfold





# Dance in a Day...

All you need is one day to take your first steps in dance, or build your confidence and try out new styles, in a fun and friendly atmosphere.

Dance in a Day sessions are one-day workshops that take place during the day at weekends. The classes are open to all, no matter your level of experience, and are designed to give you a taste of different dance styles and leave you with useful skills to take forward.

Styles you can try include:

<b>Lindy Hop</b>	p50
<b>Blues</b>	p51
<b>Solo Charleston</b>	p51
<b>Slow Foxtrot</b>	p51
<b>Viennese Waltz</b>	p51



## SwingTrain

SwingTrain is a high-intensity fitness class that draws on classic Swing moves, set to the upbeat tempo of Charleston, Swing, gospel, blues and electro swing. Learn some new moves and enjoy incredible tunes that you may never have trained with before. You'll be sweating by the end of class, but it's so much fun, you'll hardly even notice.

### TUESDAY LUNCHTIMES 12 SESSIONS

with **SwingTrain**

**13:05 - 13:55 20 students maximum**

**£48 / £36 concessions for all sessions**

**Drop in price £10**

14 January - 18 February 2020

**BE20228**

25 February - 31 March 2020

**BE20231**

### THURSDAY EVENINGS 12 SESSIONS

with **SwingTrain**

**18:00 - 18:50 20 students maximum**

**£48 / £36 concessions for all sessions**

**Drop in price £10**

16 January - 20 February 2020

**BE20230**

27 February - 2 April 2020

**BE20233**

# Pilates

Pilates teaches you to be in control of how you move. It improves your core stability, alignment, coordination, flexibility and muscle tone. Pilates is suitable for all ages and fitness levels, and those new to exercise.

## Suitable for all

These courses are suitable for both beginners and experienced students.

### WEDNESDAY MORNINGS 6 SESSIONS

with **Paula Causton**

**08:00 - 08:50 14 students maximum**

**£60 / £45 concessions for all sessions**

**Drop in price £12**

15 January - 19 February 2020

**BE20224**

26 February - 1 April 2020

**BE20226**

### WEDNESDAY EVENINGS 6 SESSIONS

with **Paula Causton**

**18:00 - 19:00 14 students maximum**

**£60 / £45 concessions for all sessions**

**Drop in price £12**

15 January - 19 February 2020

**BE20225**

26 February - 1 April 2020

**BE20227**

## Level 1

This course is suitable for beginners and those relatively new to Pilates.

### WEDNESDAY LUNCHTIMES 12 SESSIONS

with **Arina Djakova**

**13:05 - 13:55 14 students maximum**

**£120 / £90 concessions for all sessions**

15 January - 1 April 2020

**BE20207**

## Level 2

Intermediate and advanced exercises to develop a more toned and flexible body.

### WEDNESDAY LUNCHTIMES 12 SESSIONS

with **Arina Djakova**

**12:05 - 12:55 14 students maximum**

**£120 / £90 concessions for all sessions**

15 January - 1 April 2020

**BE20208**

**Learn more and book →**





# Stretch

These classes will improve your flexibility, mobility and posture. Following steady, controlled positions and movements, we will carefully align the body. You will feel looser and enjoy a greater range of movement through the shoulders, hips and spine. They are also a great way to free yourself from stress - both physical and emotional - and to prepare yourself for the day ahead.

## **TUESDAY MORNINGS**      **6 SESSIONS**

with **Arina Djakova**

**08:00 - 08:50 14 students maximum**

**£60 / £45 concessions for all sessions**

**Drop in price £12**

14 January - 18 February 2020

**BE20209**

25 February - 31 March 2020

**BE20210**

## **THURSDAY MORNINGS**      **6 SESSIONS**

with **Arina Djakova**

**08:00 - 08:50 14 students maximum**

**£60 / £45 concessions for all sessions**

**Drop in price £12**

16 January - 20 February 2020

**BE20211**

27 February - 2 April 2020

**BE20212**


# OFF THE SHELF...

Join us in the Library for a night of comedy, as a stellar line-up of comedians take inspiration from the weird and wonderful lectures given in our Great Hall from 1897 to 1947.

From 'Men I Wish I Had Not Met' to 'What I Saw in Russia', our comedians will dissect topics from politics to pop culture, and everything in between. Hosted by comedy cabaret veteran Dr Steve Cross (*Science Showoff*), the evening promises lots of laughs.

Part of our *After Hours in the Library* programme, look out for our **Off the Shelf** nights on selected Wednesday evenings.



A background photograph showing several people, including a man and a woman, sitting at a wooden table and looking down at books or papers. The image is slightly blurred and has a warm, orange-toned overlay.

# Meet the tutors at the Languages Fair...

Keen to start learning a language or to improve your language skills? Not sure which one of our courses would best suit your existing abilities? Our Languages Fair is a chance to speak to tutors from across a range of our language courses, to find out which level is the best fit for you, and to enjoy a short taster session.

All taster sessions will run for approximately 20 minutes, and will be pitched at beginner level, so that you can quickly and easily get a sense of how languages are taught at Bishopsgate Institute. You are welcome to attend as many or as few taster sessions as you wish, and there will also be the opportunity to speak to tutors one-to-one.

**Wednesday 8  
January 2020**  
12:30 - 14:00  
Courtyard Room  
Free, booking required

**FREE**



# Languages



**Do you want to learn a new language, or take one you already know to the next level? Say hello, hola, bonjour, nǐ hǎo or marhabaan to our range of language courses.**

Whether learning a new language for your next holiday, for work or just for your own enjoyment, we are sure to have a course suitable for you. All of our courses are taught by native speakers and in small classes.

## **We are changing the way we organise our language levels.**

Three modules (A to C) per level will give students more time on each topic, providing a more enjoyable and productive learning experience. This brings our courses closer to the Common European Framework of Reference for Languages (CEFR\*), so, if you began learning elsewhere, it will now be easier to find the right class for you here.

\*CEFR is the internationally-recognised guideline for language learning.

# **Need to Know**

## **Course levels**

If you do not see your level advertised, please contact us, as we may be able to provide additional courses if there is sufficient demand. Please refer to the 'Check Your Level' table for each language.

For more information please contact the Learning Programme Coordinator.  
Email: [enquiries@bishopsgate.org.uk](mailto:enquiries@bishopsgate.org.uk)  
Tel: 020 7392 9200



## **Lunchtime ? Or Evening?**

Please note that our lunchtime courses run twice a week for 50 minutes and the evening courses run once a week for two hours.

## **Waiting list**

We advise that you enrol early as we keep class sizes small in order to offer a high standard of teaching. If you find that your course of choice is full, please ask to be added to our waiting list. We will let you know if a place becomes available or if we will offer an extra course.

## **Language textbooks**

You may need to buy a textbook to follow your chosen language course. Your tutor will advise you which book to buy during your first class. The approximate cost of the book is £20 and it can be used over two to three courses.

## **Absence**

If you know in advance that you will miss a class, please speak to your tutor so they can bring you hand-outs and provide you with the homework. If you miss a session, to request your homework please email us on [enquiries@bishopsgate.org.uk](mailto:enquiries@bishopsgate.org.uk)

Common European Framework of Reference for Languages

Discontinued language courses levels at Bishopsgate Institute up to and including Autumn Term 2019

New language courses levels at Bishopsgate Institute from Spring Term 2020

To benefit fully from this course, you should have knowledge roughly equivalent to...

**A1**

Level 1: Module A

Level 1: Module A

No prior knowledge required

Level 1: Module B

Level 1: Module B

20 hours of tuition

Level 2: Module A

Level 1: Module C

40 hours of tuition; a GCSE, or equivalent, from several years ago

**A2**

Level 2: Module B

Level 2: Module A

60 hours of tuition

Level 3: Module A

Level 2: Module B

80 hours of tuition; a recent GCSE, or equivalent

Level 3: Module B

Level 2: Module C

100 hours of tuition; a good, recent GCSE, or equivalent

**B1**

Level 4: Module A

Level 3: Module A

120 hours of tuition

Level 4: Module B

Level 3: Module B

140 hours of tuition

Level 5: Module A

Level 3: Module C

160 hours of tuition

Level 5: Module B

Level 4: Module A

180 hours of tuition

Level 6: Module A

Level 4: Module B

200 hours of tuition

Level 6: Module B

Level 4: Module C

220 hours of tuition

Level 7: Module A

Level 5: Module A

240 hours of tuition

Level 7: Module B

Level 5: Module B

260 hours of tuition

Level 8: Module A

Level 5: Module C

280 hours of tuition

**C1**

Conversational Advanced

This course is for students whose language proficiency and confidence enables them to participate in debates, guided conversations and free exchanges on a wide range of subjects



## Arabic

### Level 1: Module A

**THURSDAY EVENINGS**      **10 SESSIONS**

with **Alaa Sonjoq**

**18:00 - 20:00**    **12 students maximum**

**£216 / £162 concessions for all sessions**

16 January - 26 March 2020

**LA20202**

*No session on 20 February 2020*

### Level 1: Module B

**TUE & THU LUNCHTIMES**      **20 SESSIONS**

with **Alaa Sonjoq**

**13:05 - 13:55**    **12 students maximum**

**£201 / £151 concessions for all sessions**

14 January - 26 March 2020

**LA20203**

*No sessions on 18 & 20 February 2020*

## Chinese Mandarin

### Level 1: Module A

**TUE & THU LUNCHTIMES**      **20 SESSIONS**

with **Ching-Hui Wilkinson**

**12:05 - 12:55**    **12 students maximum**

**£201 / £151 concessions for all sessions**

14 January - 26 March 2020

**LA20208**

*No sessions on 18 & 20 February 2020*

## Level 1: Module A

**MON & WED LUNCHTIMES 20 SESSIONS**

with **Dr Elsa Damien**

**12:05 - 12:55 12 students maximum**

**£201 / £151 concessions for all sessions**

13 January - 25 March 2020

**LA20213**

*No sessions on 17 & 19 February 2020*

## Level 2: Module B

**WEDNESDAY EVENINGS 10 SESSIONS**

with **Clément Guerra**

**18:00 - 20:00 12 students maximum**

**£216 / £162 concessions for all sessions**

15 January - 25 March 2020

**LA20210**

*No session on 19 February 2020*

## Level 1: Module B

**MON & WED LUNCHTIMES 20 SESSIONS**

with **Silvana Avram**

**13:05 - 13:55 12 students maximum**

**£201 / £151 concessions for all sessions**

13 January - 25 March 2020

**LA20223**

*No sessions on 17 & 19 February 2020*

## Level 3: Module A

**MONDAY EVENINGS 10 SESSIONS**

with **Clément Guerra**

**18:00 - 20:00 12 students maximum**

**£216 / £162 concessions for all sessions**

13 January - 23 March 2020

**LA20211**

*No session on 17 February 2020*

## Level 2: Module A

**MON & WED LUNCHTIMES 20 SESSIONS**

with **Silvana Avram**

**12:05 - 12:55 12 students maximum**

**£201 / £151 concessions for all sessions**

13 January - 25 March 2020

**LA20224**

*No sessions on 17 & 19 February 2020*

## Conversational Advanced

**MON & WED LUNCHTIMES 20 SESSIONS**

with **Dr Elsa Damien**

**13:05 - 13:55 12 students maximum**

**£201 / £151 concessions for all sessions**

13 January - 25 March 2020

**LA20212**

*No sessions on 17 & 19 February 2020*

**Learn more and book →**

## German

### Level 1: Module A

**MON & THU LUNCHTIMES 20 SESSIONS**

with **Boris Born**

**13:05 - 13:55 10 students maximum**

**£201 / £151 concessions for all sessions**

13 January - 26 March 2020

**LA20205**

*No sessions on 17 & 20 February 2020*

### Level 1: Module B

**MON & THU LUNCHTIMES 20 SESSIONS**

with **Boris Born**

**12:05 - 12:55 10 students maximum**

**£201 / £151 concessions for all sessions**

13 January - 26 March 2020

**LA20204**

*No sessions on 17 & 20 February 2020*

### Level 4: Module B

**WED & FRI LUNCHTIMES 20 SESSIONS**

with **Katja Miarka**

**13:05 - 13:55 12 students maximum**

**£201 / £151 concessions for all sessions**

15 January - 27 March 2020

**LA20216**

*No sessions on 19 & 21 February 2020*

### Level 5: Module B

**WED & FRI LUNCHTIMES 20 SESSIONS**

with **Katja Miarka**

**12:05 - 12:55 12 students maximum**

**£201 / £151 concessions for all sessions**

15 January - 27 March 2020

**LA20217**

*No sessions on 19 & 21 February 2020*

**Learn more and book →**

## Irish

At this beginners' taster session with a London Irish Centre charity (LICC) tutor, you will get an engaging, accessible and enjoyable introduction to the Gaeilge and Irish language. There will be a brief overview of the language, its history and the status of the languages today, and you will learn some useful words and phrases, so you'll be speaking by the end of the session. For more information on the LICC, please visit [londonirishcentre.org](http://londonirishcentre.org).

**SATURDAY**

**1 SESSION**

with **Clár Ní Shúilleabháin**

**12:00 - 15:00 16 students maximum**

**£29 / £22 concessions for 1 session**

8 February 2019

**LA20209**



Archive, Bishopgate Institute

## Italian

### Level 1: Module B

**TUE & THU LUNCHTIMES 20 SESSIONS**

with **Laura Troisi**

**12:05 - 12:55 12 students maximum**

**£201 / £151 concessions for all sessions**

14 January - 26 March 2020

**LA20218**

*No sessions on 18 & 20 February 2020*

**THURSDAY EVENINGS 10 SESSIONS**

with **Federica Tedeschi**

**18:30 - 20:30 10 students maximum**

**£216 / £162 concessions for all sessions**

16 January - 26 March 2020

**LA20215**

*No session on 20 February 2020*

### Level 1: Module C

**THURSDAY EVENINGS 10 SESSIONS**

with **Evi Campetella**

**18:00 - 20:00 12 students maximum**

**£216 / £162 concessions for all sessions**

16 January - 26 March 2020

**LA20214**

*No session on 20 February 2020*

### Level 2: Module B

**TUE & THU LUNCHTIMES 20 SESSIONS**

with **Laura Troisi**

**13:05 - 13:55 12 students maximum**

**£201 / £151 concessions for all sessions**

14 January - 26 March 2020

**LA20219**

*No sessions on 18 & 20 February 2020*

## Russian

### Level 1: Module A

**TUE & THU LUNCHTIMES 20 SESSIONS**

with **Natalia Lyons**

**13:05 - 13:55 12 students maximum**

**£201 / £151 concessions for all sessions**

14 January - 26 March 2020

**LA20222**

*No sessions on 18 & 20 February 2020*



Daniel Penfold



## Level 1: Module B

**TUESDAY EVENINGS**      **10 SESSIONS**  
with **Maria Isalt**  
**18:00 - 20:00**   **12 students maximum**  
**£216 / £162 concessions for all sessions**

14 January - 24 March 2020      **LA20220**

*No session on 18 February 2020*

## Level 2: Module B

**WEDNESDAY EVENINGS**      **10 SESSIONS**  
with **Maria Isalt**  
**18:00 - 20:00**   **12 students maximum**  
**£216 / £162 concessions for all sessions**

15 January - 25 March 2020      **LA20221**

*No session on 19 February 2020*

## Level 1: Module B

**WEDNESDAY EVENINGS**      **10 SESSIONS**  
with **Carolina Garcia**  
**18:00 - 20:00**   **12 students maximum**  
**£216 / £162 concessions for all sessions**

15 January - 25 March 2020      **LA20206**

*No sessions on 17 & 19 February 2020*

## Level 3: Module B

**MONDAY EVENINGS**      **10 SESSIONS**  
with **Carolina Garcia**  
**18:00 - 20:00**   **12 students maximum**  
**£216 / £162 concessions for all sessions**

13 January - 23 March 2020      **LA20207**

*No sessions on 17 & 19 February 2020*

## Level 1: Module C

**MONDAY EVENINGS**      **10 SESSIONS**  
with **Adriana Itriago**  
**18:00 - 20:00**   **10 students maximum**  
**£216 / £162 concessions for all sessions**

13 January - 23 March 2020      **LA20201**

*No session on 17 February 2020*

**Learn more and book →**





Bishopsgate Institute

# Special Collections and Archives

**are free and open to everyone.**

Since 1894 the Institute has been collecting archive materials relating to social movements and living experience. Over the years our collections have diversified and grown, and we now provide a home to a range of unusual and unique materials. The Library also holds over 500,000 books, as well as journals, pamphlets and reports which can all be viewed in the Institute's Researchers Area whenever we're open. For FREE. Bishopsgate Institute's collections sit within the following subject areas:

- Feminist and women's history
- Labour and socialist history
- LGBTQ+ History and Alternative Sexualities
- London History
- Protest and campaigning
- Co-operation
- Freethought and humanism

The Library, Special Collections and Archives is open 10:00 – 17:30 Monday - Friday.

The Researchers Area is also open until 20:00 on Wednesdays as part of our Special Collections Lates service.

No appointment is needed, just pop in and speak to one of our friendly archivists about your research interests. We'd love to help.

For more information please visit [www.bishopsgate.org.uk](http://www.bishopsgate.org.uk)

Stephen Russell

# Archives



## Our Special Collections and Archives offer a rich resource of the history of modern London and the everyday experiences of Londoners.

Led by our expert archivists, discover the badges, pamphlets and banners at the heart of feminist and women's history, and hear stories of co-operation, protest and LGBTQ+ campaigns.

## Women's and Feminist History

Fancy meeting the suffragette who was so excited by the cause she bought the SPU tea set twice? How about the remarkable woman who put up Gandhi in the East End? Or the first ever female firefighter, and the Berwickshire Granarchists? Join Special Collections and Archives Manager Stefan Dickers, to hear about these and other activists in a tour of our feminist history collections.

**THURSDAY**

**1 SESSION**

with **Stefan Dickers**

**18:30 - 19:30 20 students maximum**

**£7 / £5 concessions for 1 session**

23 January 2020

**AR20201**

## London Collections

A tour of our London collections is a must-do for anyone interested in the history of the metropolis. Bishopsgate Institute has collected books, maps, photographs and a wealth of other materials from London, history for over 120 years. Join Special Collections and Archives Manager Stefan Dickers to hear about London's celebrity detectives and gangsters, and find out what happened to a rowdy group of builders drinking on a rooftop in 1806.

**THURSDAY**

**1 SESSION**

with **Stefan Dickers**

**18:30 - 19:30 20 students maximum**

**£7 / £5 concessions for 1 session**

6 February 2020

**AR20202**

## LGBTQ+ Collections

Why was John Gielgud told to see a doctor, and how many lesbian pulp fiction novels can one library hold? Bishopsgate Institute is a treasure trove of LGBTQ+ history, with extensive archives holding cuttings, badges and banners. There's even a set of wizard robes. By the end of this tour, you'll know all about them.

**THURSDAY**

**1 SESSION**

with **Stefan Dickens**

**18:30 - 19:30 20 students maximum**

**£7 / £5 concessions for 1 session**

20 February 2020

**AR20203**

Wensley Family Archive, Bishopsgate Institute.



**Learn more and book →**

**bishopsgate.org.uk | 020 7392 9200**



# Hands-on History



Get closer to London's rich history at one of our unique archive workshops, including two new **Sunday sessions**.

Led by our Interpretation Manager, Dr Michelle Johansen, these hands-on history courses invite learners to explore themed sets of original sources from our library and special collections, such as photographs, press cuttings, pamphlets and ephemera.

Discover a new subject through a one-off immersive session or build your subject understanding through a multi-part course. See details on pages 38, 41, 42, 68, and 70.

A Social History of Victorian London (1830s-1890s)

A Social History of Twentieth Century London (1900s-1970s)

A Short History of the Home Front (1939-1945)

A Short History of the 1930s ★

A Short History of Feminism (1890s-1980s)

A Short History of Sundays (1860s-1980s)

A Short History of the East End (1880s-1970s)

A Short History of Environmentalism (1858-1990)

A Short History of Poverty (1830s-1940s) ★

A Short History of Housing (1870s-1960s)

★  
Courses inspired  
by our forthcoming  
production of  
**KANDER & EBB'S  
STEEL  
PIER**





# London



**With its rich history, vibrant culture and infinite complexities, London is a fascinating city. Bishopsgate Institute is home to a unique collection of photographs, maps, ephemera, documents and books all about London.**

The collections are the perfect place to start to explore the city. Guided by a team of expert tutors, our programme includes walking tours, reflections on politics and ideas, and examinations of London then and now.

## **Walking Tours -** New **London's Literary Landscapes**

Visit sites associated with a variety of London-based authors and hear about their lives, loves and literary legacies. Encounter Samuel Pepys and Charles Dickens in the alleys around Fleet Street, and Beatrix Potter and T.S. Eliot in Kensington. Walk the same squares as the Bloomsbury set and the same Hampstead streets as John Keats, Robert Louis Stevenson, D.H. Lawrence and Katherine Mansfield.

**SUNDAY AFTERNOONS 4 SESSIONS**

with **Diane Burstein**

**14:00 - 16:00 20 students maximum**

**£59 / £44 concessions for all sessions**

1 March - 22 March 2020

**LN20204**

## **Walking Tours -** **The New River**

Dating back to 1613, the New River runs from Chadwell in Hertfordshire to the New River Head in Islington, running near and crossing over the River Lea on its journey. These walks cover four sections of the river over a four-week period. Much of the New River is now lost or covered due to housing, transport and commerce developments, but this makes the journey all the more intriguing.

**WEDNESDAY MORNINGS 4 SESSIONS**

with **Anne-Marie Craven**

**10:30 - 12:30 20 students maximum**

**£59 / £44 concessions for all sessions**

4 March - 25 March 2020

**LN20215**

## Walking Tours - Architecture in the City of London

This journey through the City of London will focus on a number of exciting and controversial buildings from the mid-20th century to the present. We will start with the utopian master planning of the post-war period then look at iconic late-20th century buildings in the City. We will end the tour by looking at recent innovative designs and sustainable architecture.

**SATURDAY**

**1 SESSION**

with **Steve Smith**

**11:00 - 13:00 20 students maximum**

**£14 / £11 concessions for 1 session**

14 March 2020

**LN20211**

## Walking Tours - The History of Spitalfields

Spitalfields sits on the fringes of the City and many communities from around the world now call it home. These groups that settled have left their footprint, and the walk will uncover these, revealing the development of Spitalfields over the centuries. Drawing on a number of London chroniclers, this walk will be a journey through the architecture and histories of this ever-changing part of the city.

**SATURDAY**

**1 SESSION**

with **Steve Smith**

**11:00 - 13:00 20 students maximum**

**£14 / £11 concessions for 1 session**

28 March 2020

**LN20214**

## Walking Tours - Public Art in the City of London

Public art has developed into a diverse field of responses to the urban spaces in which it is placed. This walk will reveal some of the city's fascinating and diverse public artworks. We will explore site-specific interventions, symbolic memorials and modernist sculptures, as well as figurative sculptures that reflect the ideals of the city.

**SATURDAY**

**1 SESSION**

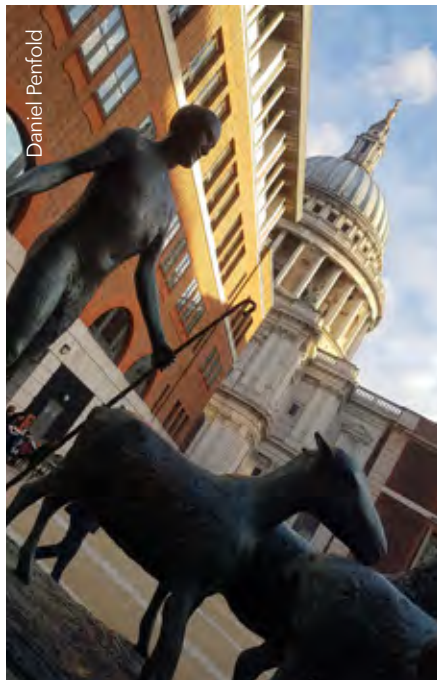
with **Steve Smith**

**11:00 - 13:00 20 students maximum**

**£14 / £11 concessions for 1 session**

21 March 2020

**LN20213**



## A Social History of Victorian London (1830s -1890s)

New

Five fascinating weeks. Five everyday themes that matter in all our lives. Join us to discover the experiences of Victorian Londoners through hands-on access to hundreds of original letters, pamphlets, handbills, guidebooks, press cuttings and illustrations. The subjects covered in this enjoyable introduction to nineteenth-century social history will be work, leisure, consumption, politics and home.

### 👤 HANDS-ON HISTORY

**THURSDAY EVENINGS**      **5 SESSIONS**  
with **Dr Michelle Johansen**  
**18:30 - 20:00**   **16 students maximum**  
**£59 / £44 concessions for all sessions**

16 January - 13 February 2020

**LN20205**

## London Riots, Rebellions and Protests

Where do protests end and riots begin? This five-week course looks at the history, causes and impact of popular disturbances in London. While London's streets have often been a place of protest they have seldom turned to outright revolution. This course will look at the role of street protests, from William Long Beard in 1196 to Extinction Rebellion in 2019, asking where events like the Gordon Riots fit into that story.

**THURSDAY EVENINGS**      **5 SESSIONS**  
with **Robert Smith**  
**18:30 - 20:30**   **16 students maximum**  
**£90 / £68 concessions for all sessions**

16 January - 13 February 2020

**LN20208**

## A Short History of Housing (1870s -1960s)

Using pamphlets, photographs, scrapbooks and ephemera from our special collections, this course examines the contested history of housing in London. Topics covered include Victorian living conditions, interwar slum clearances, post-war council housing and the flight to the suburbs. The focus is on everyday experiences as we seek to reconstruct the social meaning of house and home for Londoners from the 1870s to the 1960s.

### 👤 HANDS-ON HISTORY

**SATURDAY**      **1 SESSION**  
with **Dr Michelle Johansen**  
**11:00 - 16:00**   **16 students maximum**  
**£39 / £29 concessions for 1 session**

25 January 2020

**LN20201**



Morning Star Photographic Archive, Bishopsgate Institute

## Colonial London - Migration, Trade and Power

London's skyline brims with impressive monuments and buildings – testament to its historic place at the heart of global trade. This session will explore the often-overlooked history of London's colonial institutions and their major role in the growth of the city. Reading nineteenth-century Indian travel writers and more contemporary Caribbean novelists will help us discover a hidden history of the city which resonates today.

### SATURDAY

with **Dr Peter Ely**

**10:00 - 16:00 16 students maximum**

**£62 / £47 concessions for 1 session**

22 February 2020

### 1 SESSION

**LN20207**

## Living Together - Squatting and Communes

Living together in communes and collectives has a long history in London, as well as Britain more widely, often tied to religious, social and reforming movements. Taking a hands-on approach to material from our Special Collections and going beyond news headlines, we will seek to understand the motives, ambitions and experiences of these collectives plus consider the place of squats and communes in London's contemporary culture.

### SATURDAY

with **Oskar Schortz**

**10:00 - 16:00 16 students maximum**

**£62 / £47 concessions for 1 session**

1 February 2020

### 1 SESSION

**LN20202**







## London's Punk History - Spaces and Places

This study day will explore the rich history of London's punk scene. Starting with Kings Road and Carnaby Street in the early 1970s, we will move through to the present day. We will look at photographic images, fanzines, academic literature and album covers to see how spaces, places and zones of DIY punk music and fashion have helped to shape antiauthoritarian identities within the community.

**SATURDAY**

**1 SESSION**

with **Grace Healy**

**11:00 - 16:00 15 students maximum**

**£52 / £39 concessions for 1 session**

8 February 2020

**LN20203**

## An Introduction to Charles Booth's London

This course explores Charles Booth's landmark survey *Life and Labour of the People in London* (1889-1903), which can be read in the Bishopsgate Institute Library. Booth investigated working-class political movements, women's lives, religious beliefs, immigrant experience, children, schools and trades. Using Booth's Poverty Map, we'll examine London neighbourhoods, complemented by historical photos, sketches and eyewitness accounts.

**MONDAY EVENINGS**

**6 SESSIONS**

with **Sarah Wise**

**19:00 - 20:30 10 students maximum**

**£89 / £67 concessions for all sessions**

24 February - 30 March 2020

**LN20209**

London History WorkshopArchive, Bishopsgate Institute

# A Social History of Twentieth Century London (1900s -1970s)

New

Five thought-provoking weeks.  
Five everyday themes that matter in  
all our lives. Join us to discover what  
daily life was like for Londoners during  
the twentieth century through hands-on  
access to hundreds of original letters,  
pamphlets, diaries, guidebooks,

press cuttings and photographs. The  
topics for this immersive introduction  
to the modern city will be work, leisure,  
consumption, politics and home.

👤 **HANDS-ON HISTORY**

**THURSDAY EVENINGS      5 SESSIONS**

with **Dr Michelle Johansen**

**18:30 - 20:00   16 students maximum**

**£59 / £44 concessions for all sessions**

27 February - 26 March 2020

**LN20206**

New



Derek Brook Archive, Bishopsgate Institute



## The Indian Suffragettes

Although popular belief is that only white women were involved in the cause for women's suffrage in Britain, there were a number of Indian suffragettes and suffragists who took part. Hear stories of trail blazing figures such as Princess Sophia Duleep Singh, daughter of the last Maharaja of the Sikh Empire and goddaughter of Queen Victoria, who helped lead marches in order to bring much-needed attention to the movement.

### SATURDAY

### 1 SESSION

with **Julie Begum**

**11:00 - 13:00 16 students maximum**

**£21 / £16 concessions for 1 session**

14 March 2020

**LN20210**

## A Short History of the East End (1880s -1970s)

New

This one-day course offers an immersive introduction to a contested region of the city. We'll look at hundreds of original historical items. These include Victorian illustrations of opium smokers, interwar mugshots and post-war guidebooks to Cockney life - recreating the sights and sounds of London's East End. Throughout, the emphasis will be on the experiences of local people, among them immigrants, dockers, anarchists, police officers, social explorers and philanthropists.

### 👤 HANDS-ON HISTORY

### SATURDAY

### 1 SESSION

with **Dr Michelle Johansen**

**11:00 - 16:00 16 students maximum**

**£39 / £29 concessions for 1 session**

21 March 2020

**LN20212**

New



John Charlton, Bishopgate Voices Collection

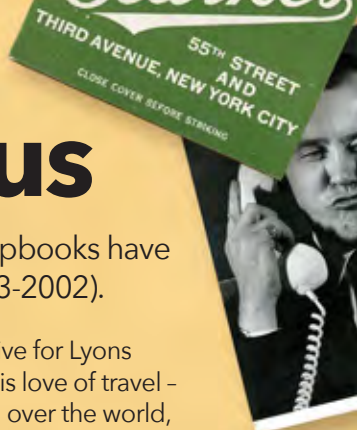
# Archive in Focus

A recent donation of 23 photo albums and three scrapbooks have brought into focus the life of **Russell Watkyn** (c.1923-2002).

For over 35 years Watkyn worked as an executive for Lyons Ice Cream. This job enabled him to combine his love of travel – the albums boast photographs of locations all over the world, at a time when international travel was still relatively rare – with his love of men, of whom there are many individual portraits. Watkyn's own annotations and comments accompany almost every photograph, identifying the people and places depicted.

In his capacity as a representative of Lyons, Watkyn was on the spot in Port of Spain, Trinidad in the summer of 1956, when some of Hollywood's biggest stars were in town filming *Fire Down Below* (1957). Alongside tourist memorabilia, the photo album from this period has several candid shots of the film's stars, including Jack Lemmon and Rita Hayworth, relaxing between takes.

We're delighted to add these albums and scrapbooks to our special collections as part of our commitment to preserving a range of voices and experiences from the past, which might so easily have been lost.





BISHOPSGATE  
INSTITUTE

Every Friday from February,  
Bishopsgate Institute  
presents our **FREE**

# Lunchtime Concerts

Designed to fit into  
your lunchbreak, and  
to provide an escape  
from the city, our  
**FREE** Friday lunchtime  
concerts offer both  
traditional and  
unexpected repertoire,  
together with a  
connection to  
our archives.





# Performing Arts

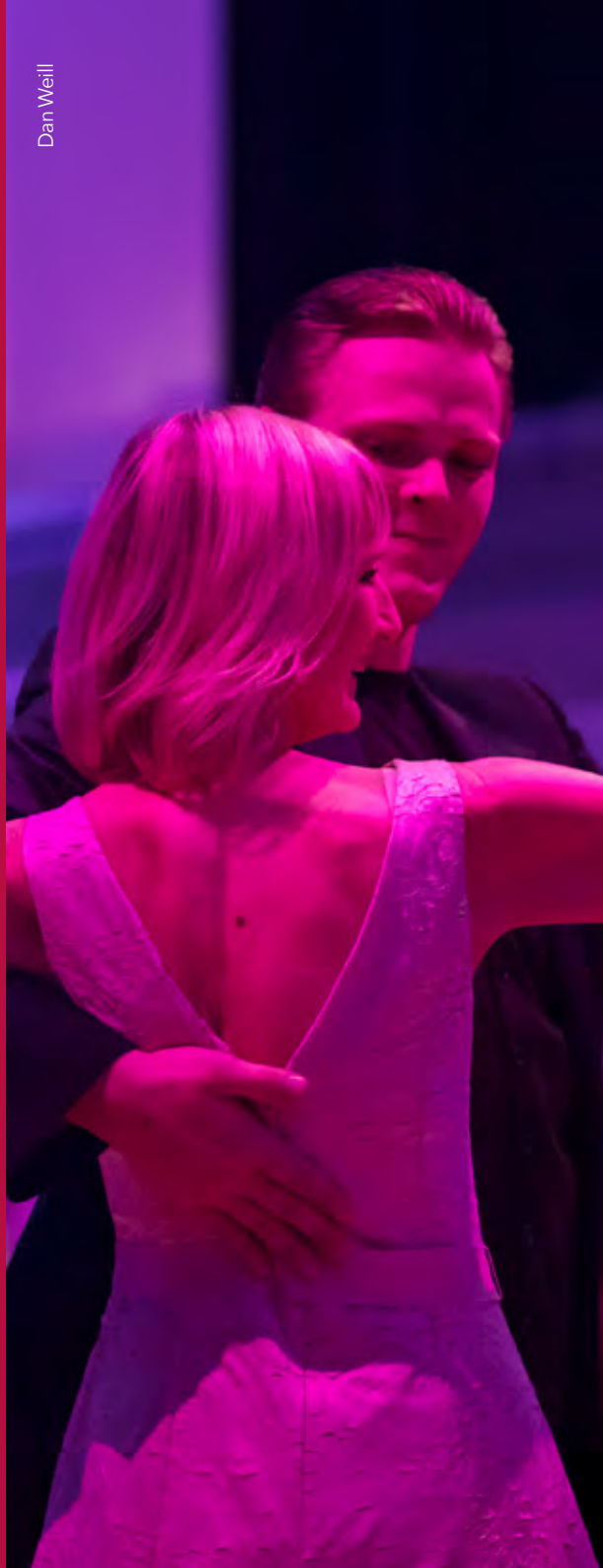


**If you've ever  
wanted to dance  
like no one's  
watching and sing  
your heart out,  
our Performing Arts  
courses are for you.**

**Whether you can  
only spare one day,  
or one day a week,  
our courses are  
always fun, friendly  
and for every level.**

There are classes for  
beginners, improvers  
and everyone in between.  
In our dance courses you'll  
be encouraged to dance  
with different partners,  
so don't worry about  
bringing one along with you.

Dan Weill



# Ballroom and Latin Dance

The popularity of Ballroom and Latin dancing is as high now as in its heyday from the 1950s to the 1970s. We offer a range of courses for students of all levels in a friendly and supportive environment. You can also practise what you have learned at our monthly Bishopsgate Ballroom social dances, which take place in our wonderful Great Hall, and the Pink Jukebox twice a month.

## An Introduction to the Ballroom Dances

### Level 1

Join Nick Miles and his team to learn the ballroom basics with fellow beginners or perfect your existing skills with other enthusiasts. This course covers Waltz, Quickstep, Slow Foxtrot, Tango and Viennese Waltz.

**TUESDAY EVENINGS**      **6 SESSIONS**  
with **Star Dance**  
**19:15 - 20:45** 30 students maximum  
**£115 / £86 concessions for all sessions**  
14 January - 18 February 2020      **PA20221**

### Level 2

**TUESDAY EVENINGS**      **6 SESSIONS**  
with **Star Dance**  
**19:15 - 20:45** 30 students maximum  
**£115 / £86 concessions for all sessions**  
25 February - 31 March 2020      **PA20223**

## An Introduction to the Latin Dances

### Level 1

Join Nick Miles and his team to learn the Latin basics with fellow beginners or perfect your existing skills with other enthusiasts. This course covers Samba, Rumba, Cha Cha Cha, Paso Doble and Jive.

**MONDAY EVENINGS**      **6 SESSIONS**  
with **Star Dance**  
**19:15 - 20:45** 30 students maximum  
**£115 / £86 concessions for all sessions**  
13 January - 17 February 2020      **PA20220**

### Level 2

**MONDAY EVENINGS**      **6 SESSIONS**  
with **Star Dance**  
**19:15 - 20:45** 30 students maximum  
**£115 / £86 concessions for all sessions**  
24 February - 30 March 2020      **PA20222**

**Learn more and book →**





# Tap Dancing

Tap dancing has been a fixture of popular musicals and movies since the Golden Age of Hollywood. Made famous by the likes of Fred Astaire and Ginger Rogers, and still seen on the West End stage today, tap dancing is a lively and physical form of dance. Whether you are a total beginner looking to add to your dance repertoire, or an enthusiast wishing to brush up on your existing skills, we have courses for all levels.

## Absolute Beginners

A six-week, absolute beginners course for those who have no previous experience in tap dancing. This course will build basic technique of American tap style and includes shuffles, taps, steps and timesteps.

## The Next Step for Beginners

A six-week course for those who have previously completed our Absolute Beginners course, or have some previous experience in tap dancing – 6 lessons or more – and wish to learn new skills and improve their technique. This course will cover more advanced steps which will be put into practice with tap routines.

### Part 1

**FRIDAY LUNCHTIMES**      **6 SESSIONS**  
with **Lucinda Lawrence**  
**12:05 - 12:55**   16 students maximum  
**£69 / £52 concessions for all sessions**  
17 January - 21 February 2020      **PA20214**

### Part 1

**FRIDAY LUNCHTIMES**      **6 SESSIONS**  
with **Lucinda Lawrence**  
**13:05 - 13:55**   16 students maximum  
**£69 / £51 concessions for all sessions**  
**Drop in price £12**  
17 January - 21 February 2020      **PA20215**

### Part 2

**FRIDAY LUNCHTIMES**      **6 SESSIONS**  
with **Lucinda Lawrence**  
**12:05 - 12:55**   16 students maximum  
**£69 / £52 concessions for all sessions**  
28 February - 3 April 2020      **PA20216**

### Part 2

**FRIDAY LUNCHTIMES**      **6 SESSIONS**  
with **Lucinda Lawrence**  
**13:05 - 13:55**   16 students maximum  
**£69 / £51 concessions for all sessions**  
**Drop in price £12**  
28 February - 3 April 2020      **PA20217**

**Learn more and book →**

# Dance in a Day - Lindy Hop

With our Dancers in Residence, Swing Patrol, we're delighted to offer these beginner workshops to introduce you to the key principles and moves of the Lindy Hop, Charleston and Blues. There's no experience necessary, because our teachers are experts at teaching beginners. Spend an afternoon in a relaxed and friendly environment, learning a new skill and meeting new people. Please note, this course is booked directly with Swing Patrol at [www.swingpatrol.co.uk](http://www.swingpatrol.co.uk)



## SUNDAY

with **Swing Patrol**

**12:30 - 16:00**

**£40**

19 January 2020

**1 SESSION**

**PA20224**

## SUNDAY

with **Swing Patrol**

**12:30 - 16:00**

**£40**

16 February 2020

**1 SESSION**

**PA20225**

## SUNDAY

with **Swing Patrol**

**12:30 - 16:00**

**£40**

15 March 2020

**1 SESSION**

**PA20226**



Daniel Penfold

## Dance in a Day - Blues

This workshop with our Dancers in Residence, Swing Patrol, is for those with little or no blues dance (or any dance) experience. Learn about movements fundamental to blues dancing and explore the most important elements of what makes this dance amazing. We will give you enough tools to get you out on the social floor in a day.



### **SATURDAY**

with **Swing Patrol**

**13:30 - 16:30**

**£35**

8 February 2020

**1 SESSION**

**PA20203**

## Dance in a Day - Viennese Waltz

Delilah, Hedwig's Theme and The Blue Danube. All are perfect songs to accompany the Viennese Waltz. Whether you lead, follow or both, take a day to learn or improve your skills. We'll cover natural and reverse turns, and how to navigate the floor with the space you have. Tutor Nick Miles and his Star Dance team will have you twirling with confidence in no time.

### **SATURDAY**

with **Star Dance**

**11:00 - 16:00 30 students maximum**

**£50 / £38 concessions for 1 session**

25 January 2020

**1 SESSION**

**PA20202**

## Dance in a Day - Solo Charleston

Join us for a day of great exercise, tremendous fun and dazzlingly joyful music with Swing Patrol, our Dancers in Residence. Starting from scratch, the team will get you dancing like there's no tomorrow. You will learn the fundamentals of Solo Charleston, meet people and come away with a sense of satisfaction.



### **SATURDAY**

with **Swing Patrol**

**13:30 - 16:30**

**£30**

14 March 2020

**1 SESSION**

**PA20213**

## Dance in a Day - Slow Foxtrot

Think Fred and Ginger, Frank Sinatra and huge orchestras. Slow Foxtrot is a glorious, swing-soaked dance. It can seem daunting, but with the expert guidance of Nick Miles and his Star Dance team, it will soon become your favourite dance style. Slow Foxtrot starts with walking and builds from there, covering correct hold, position and steps to get you around the floor fabulously.

### **SATURDAY**

with **Star Dance**

**11:00 - 16:00 30 students maximum**

**£50 / £38 concessions for 1 session**

22 February 2020

**1 SESSION**

**PA20205**

## Latin Technique and Performance

Lemington Ridley has been twice US champion and three times UK champion in the world same-sex men's Latin division. Lemington's masterclasses focus on the different facets of Latin technique, including body movement and expression.

### **SATURDAY**

**1 SESSION**

with **Lemington Ridley**

**11:00 - 12:30 40 students maximum**

**£20 / £15 concessions for 1 session**

18 January 2020

**PA20201**

15 February 2020

**PA20204**

14 March 2020

**PA20206**

Asya Gefter



## An Introduction to Acting

This course covers voice, body, character and text analysis. The majority of the course will consist of practical exercises interspersed with group discussions, individual feedback and plenty of opportunities to ask questions. You will also work on scenes from a contemporary play, learn about the essential tools of script analysis and develop an understanding of the actor's process.

### **THURSDAY EVENINGS**

**6 SESSIONS**

with **Helen Tennison**

**18:30 - 20:30 12 students maximum**

**£138 / £104 concessions for all sessions**

5 March - 9 April 2020

**PA20212**

Stephen Russell



# An Introduction to Ballet

This course will introduce you to the basics of classical ballet, such as terminology, posture and skeletal alignment. Ballet is an excellent way to work out, as it increases tone, improves flexibility and helps develop a better range of movement.

## Part 1

**MONDAY EVENINGS** **6 SESSIONS**

with **David Murley**

**18:30 - 20:00 15 students maximum**

**£102 / £78 concessions for all sessions**

**Drop in price £18**

13 January - 17 February 2020

**PA20207**

## Part 2

**MONDAY EVENINGS** **6 SESSIONS**

with **David Murley**

**18:30 - 20:00 15 students maximum**

**£102 / £78 concessions for all sessions**

**Drop in price £18**

24 February - 30 March 2020

**PA20208**



Daniel Penfold



## How To Read Music

A comprehensive 6-week course designed to equip you with the fundamentals in musical notation, structure, form and awareness. Over 12 hours, this course will give you all the tools you need to start reading and understanding music. Centred around the piano, but focussed on skills applicable to any discipline, the course includes rhythm games, practical demonstrations, writing simple melodies and chords as well as (voluntary) student participation.

## Singing Solo - Discover Your Voice

This course offers you the opportunity to develop your own singing style and expression through exploration of improvisation and phrasing techniques. The workshop will conclude with small group performances, in which individual solo parts are incorporated. The course is designed for beginners or those with a little experience in singing who would like to further develop their technique.

### Part 1

#### TUESDAY EVENINGS

6 SESSIONS

with **Helen Astrid**

**18:30 - 20:30 12 students maximum**

**£98 / £74 concessions for all sessions**

14 January - 18 February 2020

**PA20210**

### Part 1

#### THURSDAY EVENINGS

6 SESSIONS

with **Simon Gilkes**

**18:30 - 20:30 12 students maximum**

**£98 / £74 concessions for all sessions**

16 January - 20 February 2020

**PA20218**

### Part 2

#### TUESDAY EVENINGS

6 SESSIONS

with **Helen Astrid**

**18:30 - 20:30 12 students maximum**

**£98 / £74 concessions for all sessions**

3 March - 7 April 2020

**PA20211**

### Part 2

#### THURSDAY EVENINGS

6 SESSIONS

with **Simon Gilkes**

**18:30 - 20:30 12 students maximum**

**£98 / £74 concessions for all sessions**

27 February - 2 April 2020

**PA20219**

**Learn more and book →**

# Bishopsgate Choir

Bishopsgate Choir is a supportive environment for beginners and experienced singers alike. With a varied repertoire taking in popular classics, gospel, folk, classical and show tunes, the sessions will offer singers technical advice and support, as well as the joy of singing in harmony. The final session of the term will be an opportunity to perform in front of family and friends.

## MONDAY EVENINGS

11 SESSIONS

with **Helen Astrid**

**18:30 - 20:30 30 students maximum**

**£99**

**Drop in price £10**

13 January - 30 March 2020

**PA20209**

*No sessions on 24 February 2020*



Asya Gefter



# Words & Ideas

Daniel Penfold

Explore the power and magic of words - written words, spoken words, and words raised in protest. Unleash your inner writer with our creative writing courses, become the confident speaker you've always wanted to be, or explore great works of literature.

## Writing Short Stories

This course is for all short story enthusiasts, both novice and proficient. You will develop your understanding of how to shape and refine stories. To help you develop new techniques, we will learn about different short story forms and traditions, as well as more general aspects of the writer's craft.

**TUESDAY EVENINGS**

**5 SESSIONS**

with **Barbara Marsh**

**18:30 - 20:30 12 students maximum**

**£88 / £66 concessions for all sessions**

14 January - 11 February 2020

**WR20204**

## Writing Short Stories - The Next Step

From undiscovered authors to published writers, this course is for those who have already begun writing short stories. This practical workshop will help you better express your unique voice by exploring different ways to approach style and structure. We will discuss published texts and share work with each other in a supportive environment.

**TUESDAY EVENINGS**

**6 SESSIONS**

with **Barbara Marsh**

**18:30 - 20:30 12 students maximum**

**£106 / £79 concessions for all sessions**

25 February - 31 March 2020

**WR20203**

## Writing Creative Non-Fiction New

This course offers a chance to read and discuss contemporary writers working in creative non-fiction, exploring current trends, possibilities and publication options within the field. We will do practical creative exercises and develop the techniques used in the personal essay, the autofiction novel, the review and other more experimental hybrid forms. We will support one another in being braver, more self-reflective and more deeply engaged in our writing practice.

**TUESDAY EVENINGS**      **6 SESSIONS**  
with **Carmel Doohan**  
**18:30 - 20:30**   **16 students maximum**  
**£106 / £79 concessions for all sessions**  
25 February - 31 March 2020      **WR20205**

## Life Writing

Life writing encompasses memoir, autobiography, family history and other forms. For some, life writing can be cathartic. For others, it is the opposite, bringing up all kinds of feelings about personal events and experiences, often for the first time. This course will allow participants to explore and to share their life stories, to understand the writing process, and to experiment in a constructive atmosphere to help develop their projects.

**TUESDAY EVENINGS**      **6 SESSIONS**  
with **Nick Barlay**  
**18:30 - 20:30**   **10 students maximum**  
**£106 / £79 concessions for all sessions**  
14 January - 18 February 2020      **WR20209**

## Creative Writing

This course is an enjoyable and practical introduction to some of the key skills you need when you set out to tell any kind of story in prose. The techniques we'll be looking at will be helpful whether you're interested in writing fiction (novels, short stories) or narrative nonfiction (memoir, biography, travel).

**MONDAY EVENINGS**      **6 SESSIONS**  
with **Vicky Grut**  
**18:30 - 20:30**   **12 students maximum**  
**£106 / £79 concessions for all sessions**  
13 January - 17 February 2020      **WR20213**





## A History of the English Language

This course begins with the development of Old English, then looks at the influence of French, changes in pronunciation and the impact of print, with Middle English becoming a form of the language we know now. Explore the divergence of English into different forms globally, the adoption of words from other languages and how it is still changing today. We will use original materials from the sixteenth century to the present.

**TUESDAY EVENINGS** **5 SESSIONS**

with **Julian Walker**

**18:30 - 20:30 16 students maximum**

**£91 / £68 concessions for all sessions**

14 January - 11 February 2020

**WR20208**

## London in Poetry

An overview of the poetry from London since the end of the 1700s. We'll look at how poets have responded to political events such as revolutions in France and Haiti, the First World War, anti-fascist struggles in Spain, 1960s counterculture, Thatcherism and austerity. Poets covered will include William Blake, Ezra Pound, Mina Loy, Stephen Spender, King Mob, Linton Kwesi Johnson and Abundance Matanda. Some reading between classes is required.

**THURSDAY EVENINGS** **6 SESSIONS**

with **Dr Ed Luker**

**18:30 - 20:30 12 students maximum**

**£105 / £79 concessions for all sessions**

16 January - 20 February 2020

**WR20206**

## Unreal City: London in Literature, from 1800 to Today

From William Blake's apocalyptic Lambeth to Zadie Smith's postcolonial north-west suburbs, and from Dicken's bustling panoramas to Patrick Hamilton's hangover-ridden 1940s haunts, London has inspired many powerful visions of the planet's most complex city. This course surveys fictional representations of the metropolis, including the birth of modern policing, dystopian visions of impending disaster and London as a site of mass migration across two centuries. Teaching will be by lecture, seminar and group discussion.

**TUESDAY EVENINGS**

**6 SESSIONS**

with **Sarah Wise**

**19:00 - 20:30 10 students maximum**

**£89 / £67 concessions for all sessions**

14 January - 18 February 2020

**WR20211**



Illustration uses an image from London and Middlesex Archaeological Society (LAMAS), London Collections

## The East End in Fiction and Fact

This session explores East London history via vividly realised fiction about its various districts from 1820 to 1920. Among our tour guides are Dickens, GWM Reynolds, Walter Besant, Margaret Harkness, Israel Zangwill and Arthur Morrison. Using maps and images, explore Stepney, Poplar, Shoreditch, Limehouse, Wapping and Bethnal Green and seeing how fiction and fact become local legend. Extracts will be sent out in advance. Teaching by lecture, seminar and group discussion.

### SATURDAY

### 1 SESSION

with **Sarah Wise**

**11:00 - 16:00 12 students maximum**

**£52 / £39 concessions for all sessions**

1 February 2020

**WR20202**

## Power and Struggle - Contemporary Protest

In this discussion-led series we will consider examples of contemporary protest movements. Examples will include groups and movements such as Focus E15, Surround Yarl's Wood and #MeToo. How do we define 'success' in protest? How has digital technology changed protest? How is protest remembered and shaped by popular culture? Short texts, videos and images to look at between sessions will help generate ideas and discussion.

### TUESDAY EVENINGS

### 4 SESSIONS

with **Siobhán Forshaw**

**18:30 - 20:30 12 students maximum**

**£62 / £47 concessions for all sessions**

25 February - 17 March 2020

**WR20212**



## An Introduction to Podcasting

This course is a practical introduction to podcasting, giving you the tools to take an idea and turn them into a publishable audio podcast. You will need to bring your own laptop loaded with Audacity, which is a free audio editing software, as well as a mouse, headphones and either a Dictaphone, smartphone or digital audio recorder.

### SATURDAY

### 1 SESSION

with **Euan McAleece**

**10:00 - 17:00 12 students maximum**

**£72 / £55 concessions for 1 session**

25 January 2020

**WR20201**

## Public Speaking

This one-day workshop will teach you public speaking, communication and presentational skills through a series of practical, enjoyable and interactive exercises. Learn how to evaluate and improve your public speaking skills, building confidence within a friendly and supportive group. You will be given expert advice and receive personalised feedback in order to better engage, inform and build rapport with audiences in the future.

### SATURDAY

### 1 SESSION

with **Martin Billingham**

**10:00 - 16:00 8 students maximum**

**£62 / £47 concessions for 1 session**

29 February 2020

**WR20210**



# Arts & Culture



Elainea Emmott

**As Pablo Picasso once said,  
'The purpose of art  
is washing the dust  
of daily life off  
our souls.'  
Do the same  
for your soul with  
our courses on  
everything from  
improving your  
photography or  
deepening your  
love of cinema to  
learning about the  
history of opera.**

Elainea Emmott





## Photography Workshop - Take Great Photos in a Day

This one-day workshop will teach you handy technical knowledge and enhance your creativity when taking photographs. You will learn how to control your manual camera's exposure, moving away from limited automatic modes. This is an eye-opening workshop with hands-on tuition and practice. During the session, the tutor will give you creative advice, ideas on what subjects to shoot, and tips on how to shoot them in an inspiring way. Expect to put all theory you learn into practice. Please note, this is a popular course that very often sells out. If no more places are available please do still register your interest with the Box Office, as it may be possible to add additional dates if there is sufficient demand.

### SATURDAY

### 1 SESSION

with **Eva Bachmann**

**10:30 - 16:30 10 students maximum**

**£79 / £59 concessions for 1 session**

1 February 2020

**AC20206**

14 March 2020

**AC20216**

### SATURDAY

### 1 SESSION

with **Paulina Czyz**

**10:30 - 16:30 10 students maximum**

**£79 / £59 concessions for 1 session**

18 January 2020

**AC20202**

22 February 2020

**AC20214**

4 April 2020

**AC20219**

## Practical Photography

If you have always wanted to take amazing photographs, then our practical photography courses are for you. You will learn all those tricky aspects of your camera settings and controls, master the art of composing a great picture, and find inspiration to get out there and snap. You will need to bring: a camera with manual functions, preferably a digital SLR or digital compact with manual controls. If you are unsure of your camera's suitability, please contact us. This course is for students who are new to the subject and want to get to grips with their camera, and for those wishing to brush up on their skills.

## Level 1

### TUESDAY EVENINGS

### 6 SESSIONS

with **Paulina Czyz**

**18:30 - 20:30 10 students maximum**

**£206 / £155 concessions for all sessions**

14 January - 18 February 2020

**AC20210**

## Level 2

### TUESDAY

### 4 SESSIONS

with **Paulina Czyz**

**18:30 - 20:30 10 students maximum**

**£138 / £104 concessions for all sessions**

10 March 2020 - 31 March 2020

**AC20211**

## Film Studies - The Greatest Films Ever Made

An introduction to some classic films, voted the best of all time in a *Sight & Sound* magazine poll. You are not expected to have seen the films in question beforehand; you will view extracts in class and learn about their creators, production and reception, and consider what makes a 'great film'. Films examined will include Alfred Hitchcock's *Vertigo*, Orson Welles's *Citizen Kane* and Yasujiro Ozu's *Tokyo Story*.

**WEDNESDAY EVENINGS 6 SESSIONS**

with **Hilary Smith**

**18:30 - 20:30 16 students maximum**

**£105 / £79 concessions for all sessions**

15 January - 19 February 2020

**AC20208**

## Film Studies - Key Moments in German Cinema

Learn about German cinema past and present, from early vampire classic *Nosferatu* to modern masterpiece *The Lives of Others*. You will explore the work of acclaimed directors and influential film movements, including Expressionism and New German Cinema. You will view clips from diverse films including *Wings of Desire*, *Metropolis*, *Run Lola Run*, *Olympia*, *Fear Eats the Soul* and *Downfall*. No prior film knowledge is required.

**WEDNESDAY EVENINGS 6 SESSIONS**

with **Hilary Smith**

**18:30 - 20:30 16 students maximum**

**£105 / £79 concessions for all sessions**

26 February - 1 April 2020

**AC20209**

## Film Studies - Ealing Studios

Learn about the origins and output of the acclaimed Ealing Studios, including the renowned 'Ealing Comedies'. You will look at examples of these comedies and other classic films from the studio, with a focus on portraits of London life. Film clips will include *Passport to Pimlico*, *The Bells Go Down*, *The Lavender Hill Mob*, *Kind Hearts and Coronets*, *Pool of London* and *The Ladykillers*. No prior film knowledge is required.

**SATURDAY 1 SESSION**

with **Hilary Smith**

**11:00 - 17:00 16 students maximum**

**£62 / £47 concessions for 1 session**

22 February 2020

**AC20213**



From F.W. Murnau's *Nosferatu*

## Art 'Isms' Explained

What was Pop Art? Who dreamt up Surrealism? Who were the Futurists? From Fauvism to Post-Impressionism, this course will examine some of the key art movements of the twentieth century, exploring the concepts and ideas that animated them, and locating these in their social and political context.

### MONDAY EVENINGS

6 SESSIONS

with **Al Johnson**

**18:30 - 20:30 16 students maximum**

**£109 / £82 concessions for all sessions**

13 January - 17 February 2020

**AC20220**

## A History of Opera

New

Discover Handel's opera seria, the most prestigious form of Italian opera in the early eighteenth century, and learn how it influenced other operatic genres across Europe. Venturing through Germany, Italy, Austria and finally England, with the celebrated operas of Benjamin Britten, our musical voyage spans 300 years. Using recorded music and visual aids, interspersed with group discussions and analysis, you will develop your understanding, knowledge and appreciation of opera.

### WEDNESDAY EVENINGS

6 SESSIONS

with **Helen Astrid**

**18:30 - 20:30 16 students maximum**

**£105 / £79 concessions for all sessions**

15 January - 19 February 2020

**AC20207**

New



## A Short History of the Home Front (1939 - 1945)

New

To mark 75 years since the end of the Second World War, this immersive archives course revisits life on The Home Front during the conflict. The experience of Londoners will be vividly reconstructed using photographs, pamphlets, diaries and ephemera (including ration books and recipe cards) from our Special Collections.

### HANDS-ON HISTORY

#### SUNDAY

#### 1 SESSION

with **Dr Michelle Johansen**

**14:00 - 17:00 16 students maximum**

**£23 / £17 concessions for 1 session**

26 January 2020

**AC20203**

## A Short History of Sundays (1860s - 1980s)

New

Victorian Sundays were set aside for religious worship, but strict observance of the Sabbath was a concept that came under increased scrutiny by the turn of the twentieth century. This informal and enjoyable short course uses original historical materials to explore the changing character of 'the day of rest', taking in such themes as food, family, faith and football.

### HANDS-ON HISTORY

#### SUNDAY

#### 1 SESSION

with **Dr Michelle Johansen**

**14:00 - 17:00 16 students maximum**

**£23 / £17 concessions for 1 session**

22 March 2020

**AC20204**

## A Short History of the 1930s

New

The 1930s was a time of hunger marches, dinner dances and social divisions, culminating in pitched battles between fascists and anti-fascists on the streets of London. Using scrapbooks, photographs, press cuttings and pamphlets from the period, this session recreates the day-to-day experiences of men and women from all types of backgrounds in the years leading up to the Second World War.

### HANDS-ON HISTORY

#### THURSDAY

#### 1 SESSION

with **Dr Michelle Johansen**

**18:30 - 20:30 16 students maximum**

**£16 / £12 concessions for 1 session**

2 April 2020

**AC20205**



Chingford Old Church c. 1930. From the LAMAS Glass Slides Collection.

## The Art of Protest

New

This interactive session explores key protest flashpoints in modern British history, using original pamphlets, handbills, photos and flyers from Bishopsgate Institute's archives. Students also explore protest art within a wider international context, touching on the Anti-Apartheid and Black Lives Matter movements. An afternoon craft session allows everyone to create a visual message relating to a political or social issue of their own choosing, using techniques common to resistance art.

### SATURDAY

### 1 SESSION

with **Daryl Stenvoll-Wells and Dr Michelle Johansen**

**10:30 - 16:30 16 students maximum**

**£62 / £47 concessions for 1 session**

28 March 2020

**AC20217**

## The Sound of Revolution

How does music shape the world around us? This course examines the ways in which music and history influence one another. We will consider whether seemingly abstract sounds can bear the mark of radical political events, and discuss what connections exist between artistic expression and social structures. By exploring the social, economic and historical contexts in which music is created, we reveal music's potential to change the world we live in.

### THURSDAY EVENINGS

### 4 SESSIONS

with **Alastair White**

**18:30 - 20:30 12 students maximum**

**£62 / £47 concessions for all sessions**

27 February - 19 March 2020

**AC20201**

Illustration for *The Sound of Revolution* uses part of Franz Hanfstaengl's 1871 portrait of Richard Wagner





## A Short History of Feminism (1890s - 1980s) <sup>New</sup>

Join us for a whistle-stop tour of women's history, explored using a range of original materials such as Suffragette playing cards and a Miss World board game, along with hundreds of pamphlets, flyers, badges and photographs. Revisit key moments in the story of the women's movement: the fight for equal pay, the campaign to legalise abortion, the battle for equal voting rights and the so-called second wave of feminism.

### 👤 HANDS-ON HISTORY

**SATURDAY** **1 SESSION**  
with **Dr Michelle Johansen**  
**11:00 - 16:00** 16 students maximum  
**£39 / £29 concessions for 1 session**  
8 February 2020 **AC20212**

## A Short History of Environmentalism (1858 - 1990) <sup>New</sup>

Explore the changing face of environmental concerns in Britain, from the Great Stink to the Green Party. This interactive and thought-provoking archives course provides access to hundreds of pamphlets, zines, photographs and ephemera from our special collections covering topics such as recycling, waste disposal, noise pollution, conservation and air quality.

### 👤 HANDS-ON HISTORY

**SATURDAY** **1 SESSION**  
with **Dr Michelle Johansen**  
**14:00 - 17:00** 16 students maximum  
**£23 / £17 concessions for 1 session**  
28 March 2020 **AC20218**

## A Short History of Poverty (1830s - 1940s) <sup>New</sup>

This immersive session explores attitudes to and experiences of poverty in Britain from the 1834 Poor Law Reform Act to the mid-twentieth century introduction of the Welfare State. Hands-on access to political pamphlets, campaigning literature, photographs and press cuttings provides a range of insights and perspectives, including information on both grassroots activism and official measures proposed to erase or manage financial hardship in the past.

### 👤 HANDS-ON HISTORY

**SATURDAY** **1 SESSION**  
with **Dr Michelle Johansen**  
**11:00 - 14:00** 16 students maximum  
**£23 / £17 concessions for 1 session**  
29 February 2020 **AC20215**



On Wednesday evenings  
our Library is transformed  
by a regular programme  
of talks, comedy and  
archive exploration...



# After Hours... In The Library

[bishopsgate.org.uk](http://bishopsgate.org.uk)



BISHOPSGATE  
INSTITUTE

# Information for students

## Concessionary rates



We are pleased to offer reduced rates (25% discount) for the following groups:

- Over 60s
- Students – full-time students of UK institutions
- Those in receipt of UK state benefits

For all other concessions, please enrol at the box office with the necessary documents.

Evidence of eligibility for concessionary rates must:

- Be presented at the beginning of the course or event
- Be dated within the last 12 months
- Show your name as a claimant (or dependant)
- Cover the start date of the course

## Refunds and transfers



You may request a refund or transfer up until two weeks before the beginning of your course, and a 10% administration fee will be charged. Please see our website for further details.

All refund and transfer requests must be received in writing. Please email [enquiries@bishopsgate.org.uk](mailto:enquiries@bishopsgate.org.uk). We are unable to offer refunds to students who, for whatever reason, cannot attend the whole course.

## Course and class cancellations



If enrolments fail to reach minimum numbers, or a tutor is unable to teach a class, we may need to cancel or reschedule a course or class. Please see our website [bishopsgate.org.uk](http://bishopsgate.org.uk) for further details.



## Access



Bishopsgate Institute is committed to making its courses accessible and will make adjustments to meet the needs of individuals wherever possible. The Library, Upper Hall, Great Hall and lower ground floor rooms are accessible for wheelchair users or those with access needs. We regret that we are unable to offer full access to the Brushfield Wing or Boardroom Suite.

Please call the Learning team on **020 7392 9200** or email [enquiries@bishopsgate.org.uk](mailto:enquiries@bishopsgate.org.uk) if we can assist you in any way, or to discuss any access requirements you may have. We may be able to relocate courses.



## Compliments, comments and complaints procedures



We are keen to make improvements to future courses and would welcome and appreciate your input. At the end of each term you will have the opportunity to complete a Course Evaluation form. These forms remain anonymous and will be reviewed by the Learning team.

If you wish to make a formal complaint, please email [enquiries@bishopsgate.org.uk](mailto:enquiries@bishopsgate.org.uk).

## Health and safety



We take all matters of health and safety seriously. Every effort is made to make sure that all facilities and activities are safe. We will provide information about emergency procedures at the beginning of your first class.

## Equal opportunities policy

Bishopsgate Institute is a safe space and we are committed to ensuring all students, staff, tutors and visitors are not harassed, harmed or abused. We are committed to equal opportunities, believe that all people should receive fair treatment, and oppose all forms of discrimination.

If you have any complaint regarding discriminatory behaviour, please email [enquiries@bishopsgate.org.uk](mailto:enquiries@bishopsgate.org.uk).

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Daniel Penfold

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# How to find us

## By train or tube

### Liverpool Street Station

National rail services,  
plus Central, Circle,  
Metropolitan,  
Hammersmith & City tube lines.  
Two-minute walk.

### Aldgate Tube Station

Metropolitan  
and Circle lines.  
Five-minute walk.

### Moorgate Tube Station

Northern, Circle, Metropolitan,  
Hammersmith & City tube lines  
Ten-minute walk.

### Shoreditch High Street

London Overground trains only.  
Ten-minute walk.

## By bus

The Bishopsgate area is very well  
served by major bus routes:

8, 26, 35, 42, 47, 48, 78, 100, 135, 149,  
205, 344 388, N8, N26, N205, N242  
and N551

Stops E, F, L, P are within a  
one-minute walk of the Institute.

## By bike

There is bike parking directly  
opposite our main entrance.  
There are Cycle Hire stands on the  
corner of Brushfield Street.



## Our address

Bishopsgate Institute  
230 Bishopsgate  
London EC2M 4QH

*Bishopsgate Institute is typically open  
from 9.30 to 17.30 Monday to Friday, with  
additional times to accommodate our  
courses and events programme.*

**020 7392 9200**

**[enquiries@bishopsgate.org.uk](mailto:enquiries@bishopsgate.org.uk)**

**[bishopsgate.org.uk](http://bishopsgate.org.uk)**



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A grand piano is visible in the bottom left corner, its keys and polished surface reflecting the ambient light. The background is a large, elegant hall with a high ceiling, featuring numerous stage lights and rigging. The floor is made of light-colored wood. The overall atmosphere is sophisticated and professional.

# Hire our extraordinary spaces

Bishopsgate Institute prides itself on delivering high-quality events in stunning spaces. Whatever your event, we can put together a package that will be right for you.

From our intimate Boardroom to our breathtaking Great Hall and Library, we can accommodate meetings, receptions, and celebrations, for anything from 5 to 500 people

To discuss your unique event requirements, contact our team on [events@bishopsgate.org.uk](mailto:events@bishopsgate.org.uk) or call **0207 392 9232**

**[bishopsgate.org.uk](http://bishopsgate.org.uk)**

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Slow Foxtrot  
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Stretch  
SwingTrain  
Tap  
Viennese Waltz  
Walking Tours  
Yoga  
And more...**

